
2013/2014 ANNUAL REPORT

The Honorary Secretary, on behalf of the Management Committee, presents herewith the Annual Report on the Association's activities held during its 2013-2014 term of office.

1.0 THE COMMITTEE

1.1 The Management Committee

The 34th Annual General Meeting was held on Friday, 8 March 2013 at 7.30pm at the MERSC Facilities at 21 Evans Road. The following were elected or subsequently co-opted to office:

| | |
|--------------------|--|
| Honorary Treasurer | 1. Mr Yong Tze Woon |
| Honorary Auditors | 1. Mr Tay Lay Hian 2. Ms Ho Yieng Yieng |

1.2 Management Committee Meetings

The Management Committee met formally on 4 occasions in 2013/2014.

1.3 Changed of Constitution

In view of the changing landscape of PE and sports in Singapore, the SPEA committee reviewed and changed the SPEA constitution.

2.0 MEMBERSHIP

2.1 Membership

The number of members registered with the Association is 276 as calculated on 3 March 2014.

The numbers by membership categories are:

| | |
|---------------------|-------|
| Life Membership | – 259 |
| Ordinary Membership | – 10 |
| Student Membership | – 7 |

2.2 Honorary Life Members

The Honorary Life Members remain as:

- Mr Kunalan Kesavadas
- Mr Koh N S John
- Dr Lau Teng Chuan
- Ms Ho Peng

3.0 MAIN EVENTS & INITIATIVES

3.1 Lau Teng Chuan's PE and Sports Science Symposium

The inaugural Lau Teng Chuan's PE and Sports Science Symposium was jointly organised by PESS and SPEA on 10 April 2013 from 1430 to 1730 hours at NIE/PESS. Prof. John Wang gave the opening address followed by the address by a representative from LTC family. Four distinguished speakers (Dr Quek Jin Jong, Principal Officer/NIE; Mr Lim Teck Yin, CEO/Singapore Sports Council; Mr Pascal Joubert des Quches, Director of Institute for Sports Research/NTU, and AP Fabian Lim, Director/Singapore Sports Institute) delivered talks. There were also concurrent sessions for student presentations about PE and Sports Science.

3.2 Workshop: The Athletic Heart Syndrome: Past, Present and Future

A workshop titled "The Athletic Heart Syndrome: Past, Present and Future" by Prof. Keith George from Liverpool John Moores University was organized on 15 July 2013 from 1500 to 1600 hours at NIE/PESS. About 50 coaches, practitioners and PE teachers attended the event.

3.3 SPEA-PESS Family Day

The event was organized on 1 June 2013 from 1400 to 1700 hours at NIE/PESS. About 40 SPEA members participated in the event with their family members. Some of the fun activities included soccer, Frisbee and touch rugby.

3.4 SPEA & PESTA Dinner 2013

The biennial SPEA & PESTA Dinner 2013 was held on 1 August from 7 – 10 pm at the Grand Ballroom, Orchid Country Club. We have 48 tables of PE and Sports representatives from MOE, SSC, PESS and external sports agencies in Singapore for this big gathering of the PE fraternity.

We invited Mr Wong Siew Hoong, Deputy Director-General of Education (Curriculum), Ministry of Education, as our Guest-of-Honour and witnessed the biennial SPEA OPETA Ceremony 2013 during this dinner.

SPEA & PESTA would also want to take this opportunity to thank the following organisations for their support and contributions towards the success of SPEA & PESTA Dinner:

- Climbers Laboratory Pte Ltd
- Gear Fitters Pte Ltd
- Orchid Country Club
- Red Trees
- Singapore Sports Council
- Sports & Fitness Team Pte Ltd
- STA Travel
- X – Current Pte Ltd

3.5 **SPEA Outstanding PE Teacher Awards 2013**

The SPEA Outstanding PE Teacher Award was first given out in 1996 and aims to inject greater interest in the subject and to encourage and motivate PE teachers to raise their level of professional practice.

The biennial SPEA Outstanding Physical Education Teacher Award (OPETA) 2013 Selection Committee was convened in August 2012 and comprised of the following individuals:

1. Dr. Steven Tan, Chair
2. Mr Wilbur Wong, Principal, Telok Kurau Primary
3. Dr. Clara Tan, Assistant Head, PESS, NIE
4. Ms Audrey Cheang, Senior Teacher, Nanyang Junior College
5. Mr Chua Thian Keong, HOD PE/CCA, Woodlands Primary, OPETA Winner 2011
6. Ms Connie Yeo, Senior Curriculum Specialist, PESEB (PE)
7. Ms Phyllis Thia, Programme Manager, PESTA

The selection committee made the following changes to the OPETA award structure:

1. The award winners will not be differentiated by school levels, i.e., Primary, Secondary/Pre-University, except that one award would still be reserved for the Institute of Technical Education (ITE) PE teachers.
2. Up to 2 OPETA winners from MOE, and 1 winner from ITE could be selected for the award.
3. Adopt the previous award nomenclature of 'Merit' for Zonal winners.
4. Previous OPETA winners cannot apply for the next biennial award.

A total of 21 teachers from the MOE's schools were nominated for the OPETA 2013. No nominations were received from the ITE. The selection committee identified 14 teachers to proceed onto Stage 2 of the selection process (*see list of the 14 nominees below*). In Stage 2, teachers were asked to submit video evidence to support their self-portrait statements. From the 14 video submissions, the following 8 teachers were identified for Stage 3, where interviews were carried out by the selection committee:

1. Ms Irene Heng Siew Hoon, Yio Chu Kang Secondary School
2. Mr Lawrence Lim Bok Chong, Yuying Secondary School
3. Mr Brian Lui Wai Mun, Northland Secondary School
4. Mr Mohamed Taufeek bin Ramlan, Changkat Primary School
5. Mr Muhammad Suhadi bin Hassan, Si Ling Secondary School
6. Mr Rudy Irawan bin Samat, Woodlands Secondary School
7. Mr Jay Sng Yuan Zhi, Compassvale Primary School
8. Ms Tan Hui Chun, Peicai Secondary School

After the interview stage, 6 teachers were observed in the teaching of their PE lessons. From the lesson observations, the selection committee decided on the following award recipients:

OPETA Winners

1. Mr Taufeek bin Ramlan, Changkat Primary School

2. Mr Brain Lui Wai Mun, Northland Secondary School

Merit Award Winners

1. Mr Jay Sng Yuan Zhi, Compassvale Primary School
2. Mr Lawrence Lim Bok Chong, Yuying Secondary School
3. Mr Muhammad Suhadi bin Samat, Si Ling Secondary School

The 2 OPETA winners each received a quantum of \$1,000 with a plaque, while each of the Merit winners was awarded \$500 plus a plaque. The award was presented by Deputy Director-General (Curriculum), Mr Wong Siew Hoon, at the SPEA & PESTA Dinner on Thursday, 1 August 2013.

In support of the OPETA, the Singapore Sports Council (\$3,500) and Prospec Surfaces Pte Ltd (\$2,400) co-sponsored the awards.

List of Nominees for OPETA 2013

1. Charmanpreet Kaur* St. Margaret's Secondary School
2. Pauline Choy* St. Anthony's Canossian Secondary School
3. Irene Heng Siew Hoon* Yio Chu Kang Secondary School
4. Lawrence Lim Bok Chong* Yuying Secondary School
5. Brian Lui Wai Mun* Northland Secondary School
6. Mohamed Taufeek bin Ramlan* Changkat Primary School
7. Muhammad Faisal bin Pairin Yishun Primary School
8. Muhammad Azhari bin Shari* Edgefield Primary School
9. Muhammad Suhadi bin Hassan* Si Ling Secondary School
10. Jacklyn Ng Yen Yen Victoria Junior College
11. Nur Hana Tay West Grove Primary School
12. Peh Wei Qin East View Secondary School
13. Rudy Irawan bin Samat* Woodlands Secondary School
14. Jay Sng Yuan Zhi* Compassvale Primary School
15. Steven Su Jee Yee Bedok View Secondary School
16. Tan Hui Chun* Peicai Secondary School
17. Lance Teo Chin It Nanyang Girls' High School
18. Wong Keng Tong* Ngee Ann Secondary School
19. Yap Beng Hui* South View Primary School
20. Rodney Yeo Chin Koon* Singapore Sports School
21. Zulkarnain bin Buniran First Toa Payoh Primary School

* These 14 nominees proceeded onto Stage 2 of the Selection Process.

3.6 **SPEA Newsletter**

In 2013, SPEA published one edition of the Newsletter. The issue explored playing the sport of Ultimate Frisbee. The edition also included a report on how to perform to your best during competition and why drinking enough is important. Also in the edition, the reflection of one of Singapore's male hockey team player on how they did during the Youth Olympic Games (YOG).

3.7 PESS Student Club

PESS Student Club has agreed to be affiliated to SPEA and will commit to organize one social events for SPEA members. The SPEA-PESS Family Day was organized by the PESS Student Club. The Student Club also volunteered their service for the SPEA-PESTA Dinner.

3.8 A Coming Event

The Asian Conference for Physical Education and Sports Science 2014 (ACPESS 2014) will be co-hosted by National Institute of Education, the Singapore Physical Education Association and the Institute of Technical Education (East). The Conference will be held in Singapore from 7-9 July 2014 with the theme, 'Working towards effective Physical Education through Sports Science'. The first announcement was made in December 2013 and the call for abstracts was out in January 2014. This conference aims to attract 400 to 500 participants for the conference, both from local and overseas. The 2nd LTC Physical Education and Sports Science Symposium will be held in conjunction with this conference on 9 July 2014.

4.0 LTC-SPEA PROFESSIONAL DEVELOPMENT FUND

- 4.1 The LTC-SPEA Professional Development Fund was set up in 2008. The objective of the LTC-SPEA Professional Development Fund is to honour Dr Lau Teng Chuan, a founding member of the SPEA who continues to promote the growth of the teaching of Physical Education, by providing a Professional Development Fund for suitably qualified teachers who wish to upgrade themselves professionally in the field of physical education.
- 4.2 In the last 2 years, since the passing of Dr Lau, the SPEA committee members put in much time and effort to raise funds for the LTC-SPEA Development Fund. To date, this fund has accumulated to about \$30,000.
- 4.3 There is a need for the new committee to expand the scope of the development fund in promoting the growth of PE and sports, given the changing landscape.

5.0 SPEA BOOK PRIZE 2013 FOR NIE'S POSTGRADUATE DIP IN EDN (PE) AND DIP IN EDN COURSES

- 5.1 The SPEA Book Prize is awarded for Best Performance in the Physical Education component of the Postgraduate Diploma in Education (Physical Education), including a Distinction or Credit in Practicum by the National Institute of Education Academic Board on the recommendation of the Board of Examiners.
- 5.2 The SPEA Book Prize for AY2012-2013, worth \$400 each, was awarded to Lim Puay Ching for being Top in the Post-Graduate Diploma in Education (PE) (Primary) Course, and to Lim Wei Sheng for being Top in the Diploma in Physical Education (Primary) Course.
- 5.3 The SPEA Management Committee congratulates Puay Ching and Wei Sheng on winning the SPEA Book Prizes.

6.0 SPEA APPRECIATES ...

- 6.1 The Management Committee is grateful to all members, organisations and sponsors for their unstinting support and co-operation.
- 6.2 The Management Committee invites members to come forward and assist in organizing SPEA's activities. Through the shared vision of fostering the development of PE and sports, and the professional development of our members, we can make SPEA a more vibrant and exciting organisation.

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