



Founded - 1975

SINGAPORE PHYSICAL EDUCATION ASSOCIATION

2016/2017 ANNUAL REPORT

The Honorary Secretary, on behalf of the Management Committee, presents herewith the Annual Report on the Association's activities held during its 2016-2017 term of office.

1.0 THE COMMITTEE

1.1 The Management Committee

The 37th Annual General Meeting was held on Thursday, 9 March 2016 at 7.30pm at the MESRC Lounge at 21 Evans Road. The following were elected or subsequently co-opted to office:

Post	Nominee
President	Ast/P Koh Koon Teck
Vice President (Research & Publication)	Mr Leonard Koh
Vice President (Planning & Development)	Mr Ong Bok Liong
Honorary Secretary	Ms Chow Mei Peng
Asst Hon Secretary	Ms Mariette Ong
Honorary Treasurer	Ms Helen Low
Committee Members (5 members)	Mr Brian Lui
	Dr Zason Chian
	Mr Joel Chia
	Mr Edward Yeo
	Mr Albert Chia
Co-opted Members	Morna Tan Wang Lin
	Yong Tze Woon
	Andy Chua
	Lishanth Thangavelu (PESS Club)
Honorary Auditors (2 members)	Mr Mohd Taufeek
	Mr Randall Lim

1.2 Management Committee Meetings

The Management Committee met formally on 4 occasions in 2016/2017 on 12 April 2016, 20 July 2016, 26 October 2016, and 17 February 2017. MC members were able to achieve at least 80% attendance for the 4 meetings.

MEMBERSHIP

2.1 Membership Numbers

The Association has 294 members based on count down on 1 March 2017. This is an increase of 8.89% over 2016's numbers.

The numbers by membership categories are:

Life Membership	– 285
Ordinary Membership	– 3
Student Membership	– 4

2.2 Honorary Life Members

The Honorary Life Members remain as:

- Mr K Kesavadas (deceased)
- Mr Koh N S John
- Dr Lau Teng Chuan (deceased)
- Ms Ho Peng

2.3 Membership Cards

SPEA will be leveraging on Perkd's technology (a mobile app) to host the SPEA membership card free-of-charges. Members only need to download the Perkd app and their membership cards will be pre-loaded. Hence, members need not carry a physical card to benefit from the discounts offered as part of the Members' Benefits package.

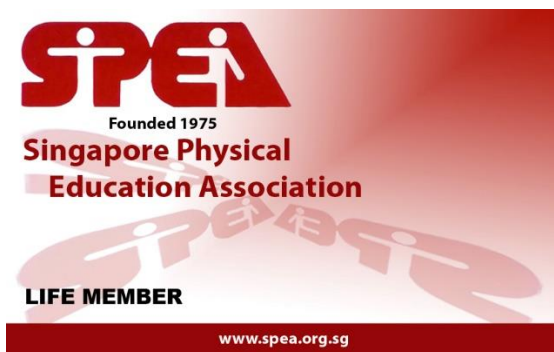


Image of Membership Card
(in dark red) in the app

2.4 Members' Benefits

SPEA partnered a few merchants to offer members' discounts. Please refer to <http://www.spea.org.sg/membership.html> for the latest information.

These partners are:

- Adventure World (<http://adventure-world.com.sg/>)
- Brooks (<http://keypowersports.sg/>)
- KappaSingapore c/o Augment International Pte Ltd (<http://www.facebook.com/KappaSingapore>)
- Garmin Singapore (www.garmin.com.sg/)
- Under Armour (www.underarmour.com.sg/)
- Human Kinetic (www.humankinetics.com)

2.5 Membership Recruitment Drive at the Republic Sports Xposition & Sale

The Republic Sports Xposition 2016 held over three days in 25 – 27 November 2016 was the first student-led sports expo event organized by Republic Polytechnic. The objective of the event was to promote sports and health as leisure to the students and public in Singapore.

SPEA had gotten permission to setup a booth on 25 & 26 Nov to promote SPEA to the event attendees especially targeting RP students and staff. Asst Hon Secretary, Ms Mariette Ong's Year 3 Visual Arts student at SOTA, Ms Nur Sabrina bte Mohamad Suhaimi designed a couple of pull-up banners to provide information about SPEA. Mariette helped to produce the banners and also printed hardcopies of the Newsletter in colour for distribution at the event. Six (6) new members were recruited during this event.

The following members of the MC helped to man the booth:

25 Nov 2017

Ast/P Koh Koon Teck, President
Mr Joel Chia, Committee Member
Mr Edward Yeo, Committee Member

26 Nov 2017

Mr Ong Bok Liong, Vice President (Planning & Development)
Ms Helen Low, Hon Treasurer
Mr Albert Chia, Committee Member
Ms Morna Tan, Co-opted Member

3.0 MAIN EVENTS & INITIATIVES

3.1 ACPES Conference 2016

The 2nd ASEAN Council of PE and Sports (ACPES 2016) was held in Cagayan de Oro City, Mindanao, Philippines from 2 to 5 September 2016.

The Conference aims to:

1. share with the delegates best practices in PE, health, and sport;
2. present to them current research findings in this field; and
3. strengthen their collaboration and linkage among PE, health, and sport educators, researchers, and scholars.

A small delegation of Singaporeans attended the Conference, including SPEA President Ast/P Koh and SPEA members, Mr Kevin Poon (West Spring Secondary) and Mr Balbinder Singh (CHIJ Toa Payoh (Secondary)). Mr Balbinder contributed an article on the trip to the December 2016's edition of the SPEA Newsletter.

3.2 **SPEA Members' Social Gathering**

The SPEA Members' Social Gathering was organized by the Social sub-committee chaired by Mr Joel Chia on 9 September 2016 at MESRC at Evans Road.

Twenty-five members attended and all had a great time getting re-acquainted and catching-up. Attendees included Mr C Kunalan and Mr Goh Ek Piang, both long-time supporters of SPEA activities. After a game of futsal, members tucked into the sumptuous dinner where members continued to reminisce the many fond memories and shared ideas to strengthen SPEA. Everyone look forward to the next members' gathering.

3.3 **SPEA Sport Forum cum Members' Gathering**

A half-day SPEA Sport Forum was organized by VP/ Planning & Development, Mr Ong Bok Liong and his team. SPEA collaborated with ITE College East (ITECE) and Republic Polytechnic (RP) to organize the Forum which was held on 18 November 2016 at RP. SPEA members attended the Forum free-of-charge and non-members was charged \$25. New members who signed up at the Forum had their Forum fees waived.

Publicity for the Forum was through PESTA to the teachers, SportSG to the NROC coaches, and PESS Club to their members. 40 coaches and sports professionals attended the Forum. Activities included the energizing and fun-filled *Enhancing Training Methods for Soccer CCA in School* workshop led by Mr Lim Tong Hai and Mr Shasi Kumar, and the inclusive physical activity workshop conducted by Dr Jernice Tan aims to introduce strategies for adapting activities for effective inclusion of people with disabilities. Feedback received was favourable.

3.4 **Physical Sports, and Outdoor Education Conference 2017**

The Physical Sports, and Outdoor Education Conference 2017 organised jointly by POSEB and PESTA will be held from 28 & 29 August 2017. SPEA members are invited to present papers or workshops. The OPETA will be presented during the closing ceremony.

3.5 **SPEA Outstanding PE Teacher Awards 2017**

The SPEA Outstanding PE Teacher Award was first given out in 1996 and aims to inject greater interest in the subject and to encourage and motivate PE teachers to raise their level of professional practice. Award winners will not be eligible for the Award in the next edition of the OPETA.

The OPETA 2017 Committee comprises the following members:

1. Mr Albert Chia, Chairperson
2. Mr Mohammed Azhar B Yusof, PESS
3. Mr Wong Liang Han, PSOEB
4. Ms Helen Low, PESTA
5. Mr Mohamed Taufeek Ramlan, Changkat Primary School
6. Mr Brian Lui, Northland Secondary School
7. Mdm Morna Tan, Fairfield Methodist Primary School

8. Mdm Mariette Ong, School of the Arts Singapore (SOTA)
Albert and his team reviewed OPETA's nomination criteria and document submission processes and made some adjustments to simplify the process to encourage more nominations.

Nomination period for OPETA 2017 was launched in October 2016. The deadline for nomination submission was on 13 January 2017. Due to the overwhelming response, the original timeline was adjusted with a projection for all lesson observations to be completed by the end of May 2017.

The timeline for OPETA 2017 is as follows:

14 Jan - Feb 2017	Shortlisting of candidates
Mar - May 2017	Interview of shortlisted candidates & lesson observations
End May 2017	Lesson observations to be completed
29 Aug 2017	Awards Presentation

A total of 40 nominations (20 from primary schools, 16 from secondary schools, one from the ITE, & three from junior colleges) were received for OPETA 2017. No nominations were received from the Polytechnics. 11 teachers were shortlisted for Phase 2 of the Selection process, i.e. the interview and lesson observations.

The Outstanding Physical Education Teacher Awards presentation ceremony is scheduled to be held during the Physical, Sports, and Outdoor Education Conference 2017 closing ceremony on 29 August 2017.

3.6 **SPEA Newsletter**

The SPEA Newsletter was reviewed and revamped by the new Publication Committee led by VP/ Research & Publication, Mr Leonard Koh. The new-look Newsletters feature book reviews, sharing of best practices, and practical tips for PE practitioners. The Committee envisioned that the Newsletter will serve as a platform for member engagement featuring personal stories on overcoming challenges or achieving excellence, and also to promote membership to the Association.

The following are members of the Publication Committee:

Editorial Advisor: Dr Koh Koon Teck

Editor: Mr Koh Yiak Kheng, Leonard

Assistant Editors: Dr Chian Lit Khoon, Zason

Mr Yeo Hai Wee, Edward

Mr Chua Wei Guang, Andy

Editorial Designer: Mr Lui Wai Mun, Brian

Two issues of the SPEA Newsletter were published in July and December 2016. Distribution channels included the Schools' Zone meetings, through email blasts, and the PESTA Champions Network. The Newsletter was also made available to the coaching community. Many SPEA members and PE/Sports professionals who have read the newsletters welcomed the new changes and gave their endorsement and support for the improved content, format and design.

4.0 LTC PROFESSIONAL DEVELOPMENT FUND

- 4.1 The LTC-SPEA Professional Development Fund was set up in 2008 to honour Dr Lau Teng Chuan, a founding member of the SPEA who had contributed much to promote the teaching of Physical Education as a profession in Singapore schools. The Professional Development Fund provides some financial support to suitably qualified teachers who wish to upgrade themselves professionally in the field of physical education.
- 4.2 Dr A Saravana Pillai, a member since 2013, had written to the Association to seek SPEA's support for his 3-person team's Mount Everest Expedition which has been planned for 25th March to 10th June 2017. He hopes that his lifelong journey of overcoming personal challenges will inspire others, his motto being "*Aspire to inspire before we expire*".
- 4.3 After much deliberations and with the support of a majority of the Management Committee, SPEA presented a \$3,000 cheque to Dr Saravana in support of his attempt to scale Mt Everest on Thursday, 9 March 2017. The Team left Singapore for the expedition on 26 March.
- 4.4 SPEA plans to invite Dr Saravana to share his experience and reflections preparing for and completing the journey to members.

5.0 SPEA'S PRIDE

- 5.1 SPEA President, Ast/P Koh Koon Teck sits on the PESTA Advisory Council, and he is the Vice President of the ASEAN Council for PE and Sports.
- 5.2 SPEA Committee Member, Dr Zason Chian was invited by the ActiveSG Tennis Academy to make a presentation to parents at the cross-generation 2 X 2 *Gen Tennis Challenge* on 14 May 2016.
- 5.3 SPEA President, Ast/P Koh was accorded the Nanyang Alumni Achievement Award in 2016. The Nanyang Alumni Association Achievement Award recognizes alumni who have gained national standing due to the significant contributions made to their chosen fields or professions that are worthy of recognition and have brought honour to the University, and/or demonstrated extraordinary service, commitment and dedication for the advancement of the University.
- 5.4 The Management Committee thanks all who have contributed to the successful activities organized by the Association, as well as for a job well done by the Publication Committee in revamping the design of the SPEA Newsletter.

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