

KEY LEARNINGS FROM YADC 2018



GUIDELINES TO OPTIMISE YOUR ATHLETIC TALENT DEVELOPMENT ENVIRONMENT (ATDE)



Present

Begin by considering the **current goals** of your ATDE: Do you think your ATDE is currently optimal to achieve the goals?

If the answer is no, continue with the following steps to optimise your ATDE.



Preconditions

Look at your ATDE's preconditions.

Think about how can you use the **resources available** efficiently and compensate for the existing **barriers**.



Connections

Look at the existing connections between different components of your ATDE.

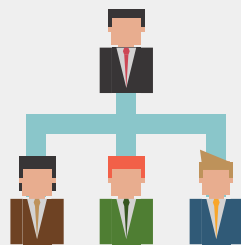
Consider if these connections are **weak or non-existent** when compared with the ATDE working model. How do you establish these connections?



Processes

Look at the ATDE's processes.

Do the activities consider the holistic development of young athletes? What more can be done?



Culture

Analyze your ATDE's organisational culture.

- What is the overall atmosphere in your ATDE?
- What matters the most for the key people in your ATDE?
- Are these consistent with what and how they conduct themselves daily?
- Does this culture help your current ATDE goals?
- If not, decide what aspect(s) of the culture needs to change.

References

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